

Discussion of  
Do Savings Nudges Cause Borrowing?  
Evidence from a Mega Study  
by P. Medina and M. Pagel

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# The Paper in One Table

**Message 1:** “Congratulations. Your average balance over the last 12 months has been great! Continue to increase your balance and strengthen your savings.”

**Message 2:** “Increase the balance in your Banorte Account and get ready today for year-end expenses!”

**Message 3:** “Join customers your age who already save 10% or more of their income. Commit and increase the balance in your Banorte Account by \$XXX this month.”<sup>5</sup>

	All Individuals			Individuals with a Credit Card	
	(1)	(2)	(3)	(4)	(5)
	Ln Checking Acct. Balance +1	Ln Checking Acct. Balance+1	Ln Checking Acct. Balance+1	Ln Checking Acct. Balance+1	Ln Credit Card Interest+1
Any treatment	0.006* (0.004)			0.014** (0.007)	-0.005 (0.004)

- After receiving messages ([information nudges](#)) about saving more...
- ...bank customers [save more](#) BUT [do not borrow more](#) (i.e., cut spending)

# Plan for Comments

- Why is the **contribution** important? Two literatures:
  - ▶ Life-cycle consumption-saving-borrowing choices
  - ▶ FinTech for Macroeconomists
  
- **Magnitudes** and the design of information nudges

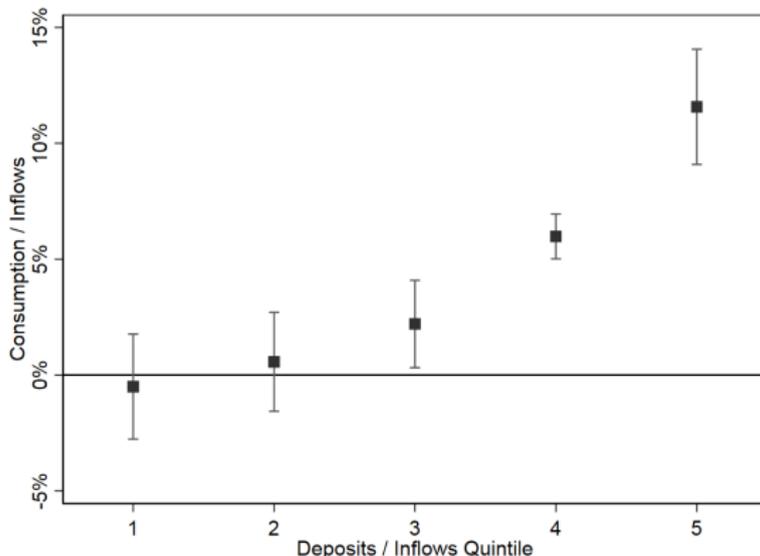
# Life-cycle Consumption-Spending-Borrowing

- Low savings hinder wealth accumulation
- Nudges to increase savings exogenously
  - ▶ Option 1: cut spending, save more, **accumulate wealth**
  - ▶ Option 2: same spending, save more, **borrow to save**
  - ▶ Option 3: if strong **precautionary savings** motives, even worse: keep cash, do not repay debt (co-holding puzzle)
- **Household debt** counters wealth accumulation, predicts financial crises
- Are strong precautionary savings motives plausible in the data?

# Spending Response to New Credit Lines

D'Acunto, Reuter, Scheuch, Weber (2021)

“Perceived Precautionary Savings Motives: Evidence from FinTech”

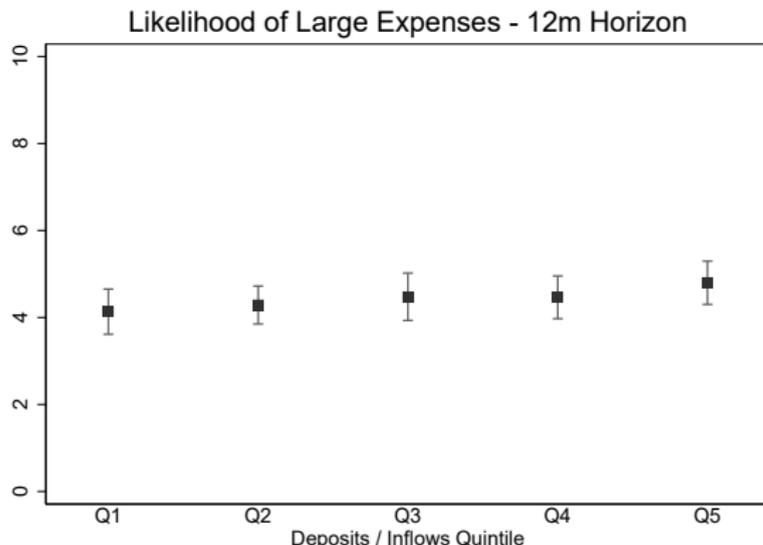


- After getting a credit line, the **most liquid** households start spending more...
- ... and, they **do not tap into negative deposits!**
- Start to spend cash they had been hoarding on their accounts

# Similar Preferences & Beliefs across Liquidity Levels

D'Acunto, Reuter, Scheuch, Weber (2021)

“Perceived Precautionary Savings Motives: Evidence from FinTech”

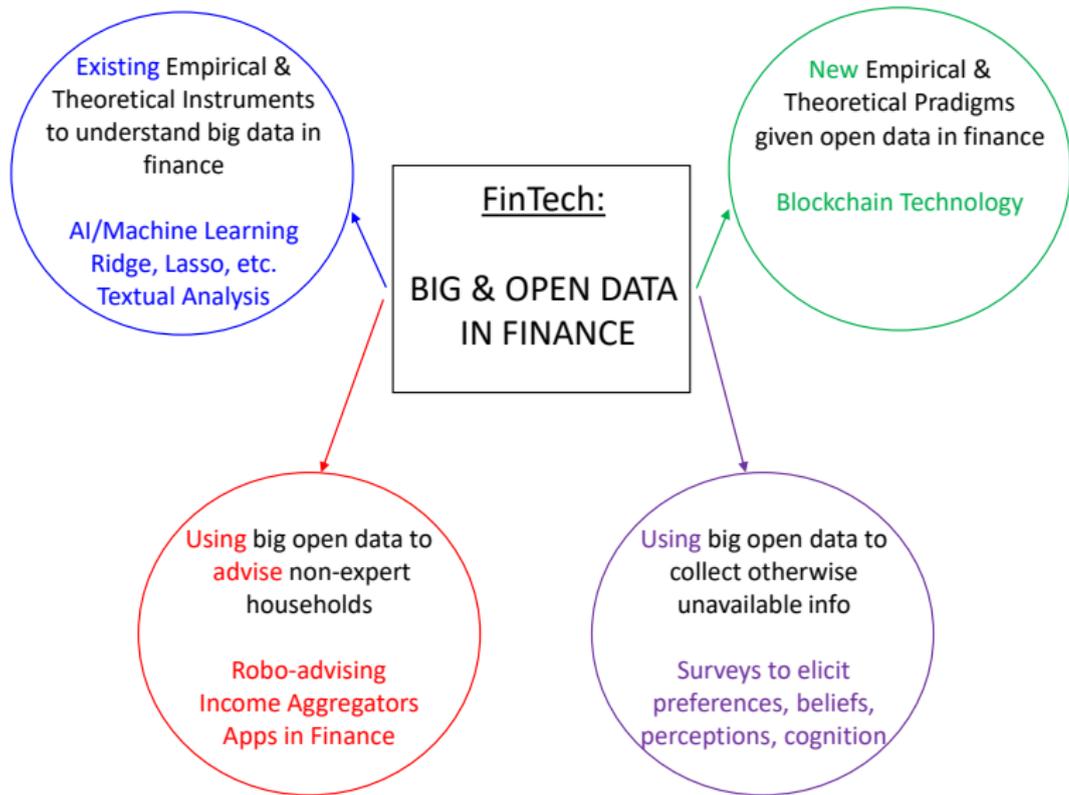


- By liquidity quintiles, same risk aversion, patience, expectations about several type of expenses, life expectancy, future shocks, income, income volatility, etc.
- All **measured directly** at the individual level through bank app

# Plan for Comments

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# FinTech: Big & Open Data in Finance



# FinTech for Macroeconomists

- Why should macro and central bankers care for FinTech apps?
  - ▶ **Measuring** preferences and beliefs in real time
    - ▶ Link preferences, beliefs to actual spending, saving decisions
  - ▶ **Causal treatments, shocks**: liquidity, etc.
    - ▶ Randomly provide liquidity, higher credit limits, etc.
  - ▶ **Information nudges** (aka, robo-advising)
    - ▶ Test for information processing and incorporation in decision-making

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# Mild Effect of Light Nudges on Savings

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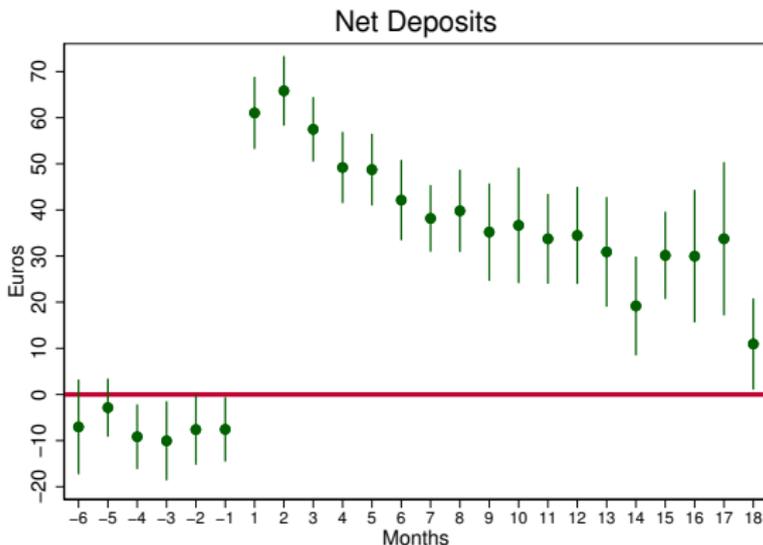
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	Ln Checking Acct. Balance +1	Ln Checking Acct. Balance+1	Ln Checking Acct. Balance+1	Ln Checking Acct. Balance+1	Ln Credit Card Interest+1
Any treatment	0.006* (0.004)			0.014** (0.007)	-0.005 (0.004)

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- Mild nudges, **mild effects** on savings, no effect on borrowing

# But Information Nudges Can Have Strong Effects on Savings

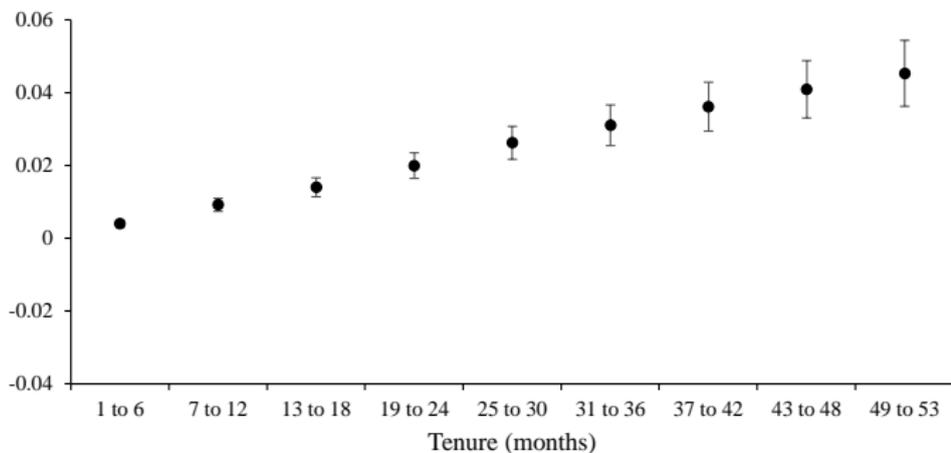
Gargano and Rossi (2021)  
“Goal Setting and Saving in the FinTech Era”



- More “aggressive” nudge: **active goal setting and monitoring** by consumer
- Stronger effects on savings
- Is the no effect on borrowing true also with more aggressive nudges?

# Hard Nudges Have Stronger Effects on Savings...

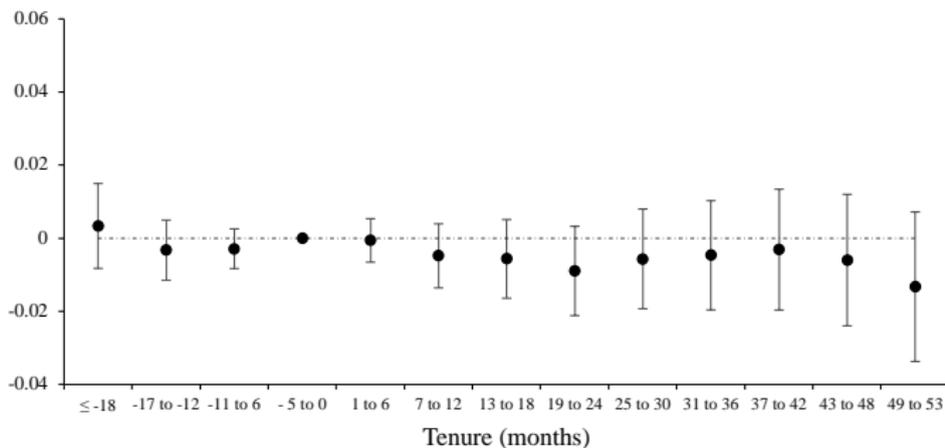
Beshears, Choi, Laibson, Madrian, Skimmyhorn (JF, forth.)  
“Borrowing to Save? The Impact of Automatic Enrollment on Debt”



- Automatic enrolment steepens the path of retirement contributions...

## ...And do NOT Increase Borrowing

Beshears, Choi, Laibson, Madrian, Skimmyhorn (JF, forth.)  
“Borrowing to Save? The Impact of Automatic Enrollment on Debt”



- ...but **does not lead** to higher debt accumulation

# Nudges Targeting Spending Rather than Savings

D'Acunto, Rossi, and Weber (2021)

“Crowdsourcing Peer Information to Changing Spending Behavior”

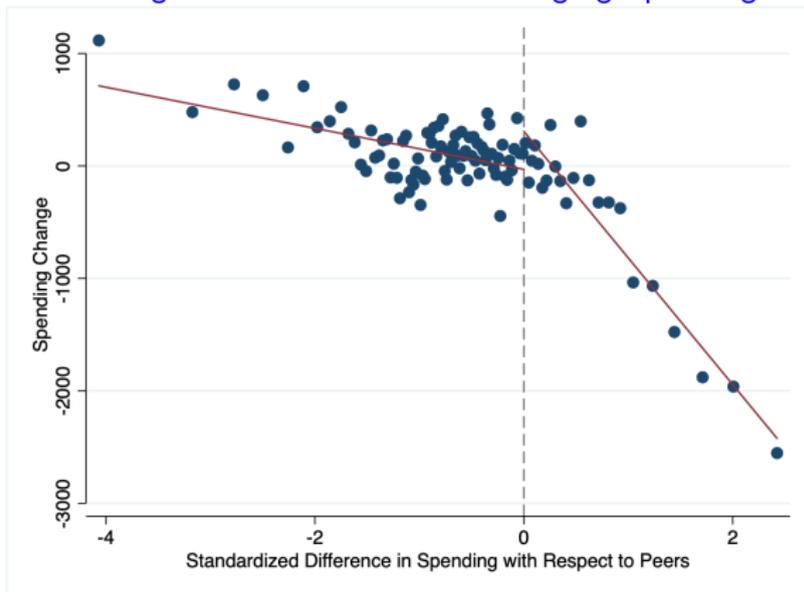


- Nudge: Disclosing peers' overall spending
- Users learn if they spend more or less of their peers
- Nudge targets lower spending by “overspenders”, not savings

# Nudges Targeting Spending Rather than Savings

D'Acunto, Rossi, and Weber (2021)

“Crowdsourcing Peer Information to Changing Spending Behavior”



- “Overspending” users cut their spending and increase savings
- The increase is driven 1-to-1 by lower spending, no borrowing

# Conclusions

- Very important question (and answer)
- Increasing households' savings, wealth accumulation could be a double-edged sword if it increases (costly) borrowing
  - ▶ Authors find that higher savings do not relate to higher borrowing...
  - ▶ ...although consumers co-hold cash AND high-interest debt
- Example of the relevance of [FinTech for macroeconomists](#)